

MD, DC, VA Chapter of American Dance Therapy Association

Spring Conference Friday, April 4th, 2014

Presents

Allison F. Winters, MA, MS, BC-DMT, LCAT, RYT

Dance/Movement Therapy with Veterans and US Military



In this workshop we will explore the biological and developmental needs of US military soldiers and veterans. Erikson's adult development model will be reviewed as well as basic neuroanatomy. Major disorders affecting veterans and the military population will also be reviewed; including post-traumatic stress disorder, substance abuse disorders, and depression/suicide (the new DSM 5 will be referenced). A step-by-step guide to navigating the Veterans Affairs and military medical systems will also be presented. These concepts will be explored through a combination of PowerPoint slides, video/photographs, experiential exercises, and discussion.

Participants will learn:

- Identify and understand psychological, developmental, and neurological issues unique to the veteran and military population.
- Understand how to apply dance/movement therapy skills to the veteran and military population.
- Describe and understand the Veterans Affairs and military medical systems.

Allison is a board certified dance/movement therapist and licensed creative arts therapist. She holds 2 masters degrees, an MA in clinical psychology and an MS in dance/movement therapy and is currently pursuing a doctorate degree in mind-body medicine. Allison is an experienced therapist, having worked with a wide range of clientele, including adults, adolescents, and children in inpatient psychiatry, US military war veterans in both residential and outpatient settings, and currently, with active duty military in a residential substance abuse rehabilitation program. Allison's published research article Emotion, Embodiment, and Mirror Neurons in Dance/Movement Therapy: A Connection Across Disciplines, has received media attention, as well as awards for both research and journalism. She has also taught graduate and undergraduate courses in psychology and counseling as an adjunct professor and has presented her work both at the community and national levels. Allison is an experienced dancer and a certified yoga instructor.



The conference will be held from
9am-4pm
Registration at 8:30am
At Preinkert Studio in
Preinkert Field House
University of Maryland
College Park, MD 20740

\$65 in advance until March 5th
\$75 after March 5th/At the door
Lunch will be provided.

This workshop is suitable for dance/movement therapists, creative arts therapists, and mental health professionals. 6 CEUs will be awarded by the ADTA.

For questions, please contact Program Directors, Shira Cavalieri, shiracavalieri@gmail.com or Warin Tepayayone, warin@iriyadancetherapy.com

Register for Spring Conference 2014

Dance/Movement Therapy with Veterans and US Military

Name: _____

Address: _____

Phone Number: _____

Email: _____

Please send this form and workshop fee to:

Catherine Davidson, Treasurer

Attn: Spring Workshop 2014

764 Harness Creek View Dr.

Annapolis, MD 21403